

## Career-Life Work Exploration

30 hours of work exploration are required for graduation and is intended to expose students to career-life possibilities. Students access the worksite under regulated hours and conditions. To complete the required minimum 30-hour experience, a student may participate in one or more of the following opportunities:

- service learning
- volunteerism
- employment
- fieldwork

The goal of work experience is to become aware of and practice employability skills such as punctuality, communication, teamwork, positive work ethics and attitudes. Students may choose work experience to train for entry level employment or a placement related to future career goals.



### Work Experience School Contact

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#### Career Pathways

#### Coordinator:

Mrs. Tanya Larkin

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## Work Experience

## qathet School District

*Career programs Coordinator  
Brooks Secondary School  
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## Work Experience Benefits

- 4 - 8 credits toward graduation
- Resume and cover letter creation
- Pre-employment job training
- Making valuable industry contacts
- Apprenticeship opportunities
- Pre-requisite for some post secondary education
- Community building



## Career Planning

A very important component of a career plan is connecting students to the 'world of work' through work experience. Work experience validates whether a student's interests and anticipated career pathway are the right fit for the student.

### Work Experience 12A & 12B

Long-term work experience is open to Grade 10 through Grade 12 students who have an interest in pursuing any career field. In Work Experience 12A & 12B, a student spends 100 - 120 hours training at one or more worksites. By doing this, skills are learned and questions are answered before career decisions are made. Students can have a job within their area of passion, or use a job they already have for WEX credits. Students work during the school day or after school and weekends .

## How to Get Started and Next Steps

Please visit your school's Career Office and speak with a Career Teacher or Counsellor. They will help you get the registration details and provide you with next steps.

1. Meet with Mrs. Larkin and start the WEX application paperwork.
2. Ensure your place of employment is in good standing with Work BC.
3. Start logging 100 hours of work through journals and self reflections.
4. Have your employer sign off and complete a feedback survey.

These hours will count towards your required 30hrs for grad.