



NEWS AND NOTES

WEEK AT A GLANCE

Monday

- Volleyball at KC
- Muscle Monday Div 2&4

Tuesday

- EDAS Kick off Max Cameron Theatre 9:45 start
- Volleyball at Edgehill

Wednesday

- Kindergarten public health screening in the morning - contact Mr Hull with questions

Thursday

- District Volleyball Jamboree 1pm-4pm **Parents must pick up from WV**
- Div 4 swim lessons

Friday

THIS IS YOUR PRINCIPAL SPEAKING



Do you know what I love about my job? It's the people. Each day I come to a work where I get to put on a smile and tell people how good I'm feeling - with the biggest smile. Am I always doing "awesome"? No... definitely not... but you know what I have discovered? When I tell you I'm doing great, every single time, I feel a little better about my day. It doesn't matter what is going on in my personal or professional life, when I look someone in the eye, smile, and tell them how awesome today is, it becomes real for me. Also, I work with some incredible children. Do we have difficulties? Absolutely! I am sure that many of you are having similar problems at home. However, when I take the time to talk with kids, to laugh, to joke, tease, and sometimes cry, I feel connected. I feel centered. I feel loved. What an incredible opportunity for me. I have the best job in the world. Thank you to each of you who help make my day a little brighter.

This positive collaborative and mutual growth actually has a name. Its called a "[generative social field](#)". It is what we feel when you step into a space and feel "good". It is something that we all contribute to. Each day, as we interact with others, we have the opportunity to add to the social field around us. When we bring a positive and caring energy we called it a generative social field. This is what we are hoping to do at Henderson. So the next time you come by the school, either to watch kids play outside, or spend time in our hallways and classrooms, take a minute and see how you feel. If you give it a minute I think you will understand what I feel every day - its what makes this the best job in the world. Come and check it out: I believe it is one of the things that makes us special.

AYAJUTHEM WORD OF THE WEEK

[kwusɛn](#) - Star- (kwew-sum)

When I as younger, and now with my own kids, often I will sit at the table and ask my kids for "two **kwusɛn** and a wish" about their day. The **kwusɛn** was about finding the positive in what had happened that day and the wish was something they would have liked to change or happen differently. Sometimes their **kwusɛn** was to quietly read their favourite book, or eat their favourite meal for dinner. However, the process of reflecting on the day and reporting back is such an important process for each of us. Often I can get so mired in the day to day I forget to look for the **kwusɛn** that shines so brightly. Today my **kwusɛn** was that I got to spend the last 20 min of the day supervising the K/1 class on the playground. The smiles, laughter and sheer enjoyment of play managed to release so much of the tension of the day. What's was your **kwusɛn** today? I invite you to share it with others.

HENDERSON READS

[A Hundred Billion Trillion Stars](#)

Seth Fishman

This engaging picture book focuses on the vastness and wonder of numbers and the Earth, and encourages children to think about the world in a new way by viewing and trying to calculate the vastness of nature. Students will use creative and critical thinking and problem-solving skills as they expand their concepts of quantity in their surroundings and on Earth and learn to create a method to estimate specific, large numbers.



THIS WEEKS QUOTE OF THE WEEK

"We cannot solve problems with the kind of thinking we employed when we came up with them." – Albert Einstein

GUILDING PRINCIPLE OF THE MONTH

November: Sharing