
SEXUAL HEALTH EDUCATION

Background

The District is committed to ensuring that students receive high quality, developmentally appropriate, and comprehensive sexual health education.

Sexual health education is an established component of the school health curriculum in B.C.

The District recognizes that effective school based sexual health education must have a strong foundation that includes the following principles:

- Accessible to all.
- Comprehensive in scope.
- Reflective of current best practice.
- Supported by District and Community.

Procedures

1. Sexual Health Education is accessible to all students within the District
 - 1.1 All students are entitled to sexual health education that:
 - 1.1.1. Is appropriate to their age and level of development.
 - 1.1.2. Considers and respects the diversity of individuals and their families.
 - 1.1.3. Is available in within a safe and supportive school environment.
 - 1.1.4. Recognizes varied abilities and learning styles of students.
 - 1.2 Families who choose alternate ways for their child(ren) to meet the learning outcomes are to be informed of their responsibilities and are to communicate with school administration regarding plans for alternative delivery.
2. Sexual Health Education in District schools is comprehensive in content and reflective of best practice
 - 2.1. The content of sexual health education curriculum:
 - 2.1.1. Reflects provincial learning outcomes.



- 2.1.2. Reflects current and accurate knowledge.
- 2.1.3. Includes relevant topics such as (but not limited to):
 - 2.1.3.1. Basic anatomy and physiology, health, hygiene, and safety.
 - 2.1.3.2. Developmental changes of puberty.
 - 2.1.3.3. Reproduction and conception, effective contraception, prevention of STI/HIV.
 - 2.1.3.4. Healthy relationships, setting personal boundaries and limits, sexual orientation, communication, media influences.
 - 2.1.3.5. Accessing information, and family and community resource.
 - 2.1.3.6. Prevention of abuse and exploitation.
 - 2.1.3.7. Encourages safe decision-making, healthy behaviour, and critical thinking.
- 3. Sexual Health Education is supported and promoted by District Administration and the school community.
 - 3.1. District Administration and/or the school community ensure that:
 - 3.1.1. Relevant, up-to-date, and comprehensive resources that reflect the District guidelines are available and supported.
 - 3.1.2. Administrators support the planning and delivery of sexual health education.
 - 3.1.3. Parents are informed of the content of their child or teen’s sexual health education program
 - 3.1.4. Community health professionals, including sexual health presenters, enhance but do not replace, the school’s sexual health education curriculum.
 - 3.1.5. Guest presenters and resources conform to the District procedures, and guidelines.

4. Sexual Health Education in the District is regularly reviewed and evaluated.
 - 4.1. The District and schools evaluate their programs and approaches on a regular basis to:
 - 4.1.1. Ascertain whether educational outcomes are being met.
 - 4.1.2. Ensure that content is up to date and relevant.
 - 4.1.3. Provide information to revise programs, resource materials, training and standards and guidelines.

Reference: Sections 7, 8, 17, 20, 22, 65, 76, 85 *School Act*
Civil Rights Protection Act
Human Rights Code
Canadian Charter of Rights and Freedoms
Evaluating, Selecting, and Managing Learning Resources: A Guide (2002)

Adopted: September 28, 1988
Reviewed: February 14, 2024
Revised: May 18, 2022