



# Graduation Transitions

## Student Checklist

Brooks Secondary School  
5400 Marine Avenue  
Powell River, BC, V8A 2L6  
Phone: 604-483-3171  
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In order for Graduation Transitions to be considered complete you must have the following items and documents:

### A. Personal Health

- 150 minutes per week of physical activity from Grade 10-12
- personal fitness reflection  Note: Use the official *Brooks Secondary Physical Activity* forms.

### B. Community Connections

- 30 hours of work and/or community service
- employability skills reflection  Note: Use the official *Brooks Secondary Work Experience/Community Service* forms.

### C. Career and Life

- current resume
- current cover letter
- Transition Plan  Note: You **must** fill out the forms from the *Graduation Transitions Handbook* (Transition Plan Questions, Career Research forms, and Post-secondary School Research forms). You may include additional evidence.  
Evidence can include skills and interest inventories, strengths checklists, personality tests, school and career pamphlets, attendance at job and school fairs, workshops, print material from career and school websites, etc.
- financial plan/budget  Note: You **may** use one of the budgets from the *Graduation Transitions Handbook*.
- application copy (school or work)
- participation in Exit Interview