

StrongStart Discover Online

Virtual Inspiration for Families at Home



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Publication #21

FROM KATE, PAULA, DANIELLE AND RITA

The changing weather can provide entertainment and learning for children.

We hope you find some family fun in the ideas presented this week.

This week's theme is:

WIND

To contact SD47 Early Learning: send email to rita.john@sd47.bc.ca

EARLY LEARNING INFORMATION

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VIRTUAL STRONGSTART

SD47 STRONGSTART WEEKLY PUBLICATIONS

The Early Learning team is excited to share weekly publications featuring fun ways to share time with children. These publications are emailed to registered families as well as posted on the Virtual StrongStart (StrongStart DO) webpage.

SD47 STRONGSTART ON INSTAGRAM

School District 47's Instagram site is: sd47strongstart. Daily posts follow this schedule:

- Monday- Colours of the Week
- Tuesday- StrongStart Smile Search
- Wednesday- I-Spy
- Thursday- Around Powell River (People and Places)
- Friday- Good Citizen of the House

The StrongStart Smile Search location changes each Tuesday. Families can visit the location and have fun finding the smile. We would love to post a picture of you and your family beside the StrongStart smile (you can send your picture to us).

We would love you to write a comment below any activity or idea you are inspired by. If you have picture you would like to share on our Instagram site, send it to rita.john@sd47.bc.ca.



IT'S TIME FOR KINDERGARTEN REGISTRATION

Link to Registration Package: CLICK HERE

Link to SD47 Website/Information: CLICK HERE

RECIPES

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KITE SANDWICHES

This little bite has a real upside:

- 1. Start by cutting a slice of bread into a square, either freehand or using a cookie cutter.
- 2. Trim a slice of cheese to the same size, and then quarter it diagonally.
- 3. Place two quarters of cheese on top of the bread, as shown. (You can add a little mayo, if desired.)
- 4. Use a sharp knife to trim a carrot stick into a thin kite tail.
- 5. Arrange raspberries along the sides of it.
- 6. Add popcorn as clouds.



Enjoy!

GOLDEN MILK

For those chilly days you need something warm and cozy

Ingredients:

- 3 cups milk (or dairy-free milk of your choice)
- 11/2 teaspoons ground turmeric
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon ground ginger
- 3 tablespoons maple syrup (or honey, agave nectar, a few drops of stevia)
- ground cinnamon for garnish

Instructions:

- 1. Heat the milk in a pot on the stove over medium-low heat.
- 2. Add the turmeric, cinnamon, ginger and maple syrup and whisk to combine.
- 3. Continue to heat and whisk just until the milk reaches a boil.
- 4. Froth the milk in the pot using a hand-held frother (if you have one) or continue to whisk off the heat to create some foam.
- 5. Pour into mugs and top with a pinch of cinnamon.





ART ACTIVITIES

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WIND CHIMES

There are many wind chimes you can make that make beautiful sounds and look wonderful when they move in the wind.



Here are just a few things you can use to make a wind chime:

- Gather <u>sea shells</u> and beach glass the next time you are at the beach. Tie them with some hemp or other string on a piece of nifty drift wood.
- Find different shaped <u>cans</u> in your recycling bin and paint them. (They can be quite sharp so you may want to tape the edge). After you paint them you want to add glitter, add this while the paint is still wet. Make a hole through the can but hammering a nail through the top. Tie hemp or other string through the hole and tie a washer on the end to make different sounds. Hang them on a canning jar ring or piece of wood.





Here are a few other wind chime ideas using recycled things you may find around the house.

HAVE FUN EXPERIMENTING WITH SOUND.

PAINT BLOWING

MATERIALS

- card stock, or other heavy paper
- liquid watercolor paint (or watered-down food colouring, or watered-down paint)
- dropper
- drinking straws

INSTRUCTIONS:

- Cut straw in half and poke a hole halfway up with a pin this will prevent them from sucking paint into the straw by accident.
- Drop your paint onto your paper and begin blowing.

Have Fun!!





BOOKS

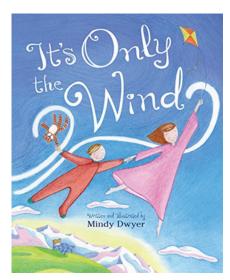
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CLICK HERE





HEAR STORY
CLICK HERE



CLICK HERE



HEAR STORY
CLICK HERE





SONGS/RHYMES



CAN YOU SEE THE WIND?

Feel the strong wind, it almost blows me down (arms stretched wide)

Hear it whistle through the trees and all around (cup your hand around your ear to listen)

Try to see the wind as it howls and blows (hand above your eyes to peer around)

But what the wind looks like? Nobody knows.

(hands and shoulders raised in a "Who Knows?" motion)

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WINDY

Sung to: ""Bingo"

There's a weather

That I like

And Windy

Is it's name-o.

W-I-N-D-Y.

W-I-N-D-Y,

W-I-N-D-Y.

And Windy

Is it's name-o

BLUSTERY WIND

Sung to: "If You're Happy and You Know It"

If you feel the blustery wind,

Whirl around!

If you feel the blustery wind,

Whirl around!

If you feel it lift your hair

Like a kite up in the air,

If you feel the blustery wind,

Whirl around!

I SEE THE WIND

Sung to: "Hush Little Baby"

I see the wind when the leaves dance by.
I see the wind when the clothes wave "Hi!"
I see the wind when the trees bend low.
I see the wind when the flags all blow.
I see the wind when the kites fly high.
I see the wind when the clouds float by.
I see the wind when it blows my hair.
I see the wind most everywhere!



HATS ARE BLOWING

Sung to: "Frere Jacques"

Hats are blowing.

Hats are blowing.

In the air.

Everywhere!

Every time the wind blows.

Someone's hat, away it goes

Hold on tight

And you'll be all right!

THE WIND CAME OUT TO PLAY

The wind came out to play one day. It swept the clouds out of his way.

(Make sweeping motion with hands)

It blew the leaves and away they flew.

(Make fluttering motions with fingers)

The trees bent low and their branches did too! (Lift arms high and lower them)

The wind blew the great big ships at sea. (Repeat sweeping motion)

The wind blew the kite away from me!



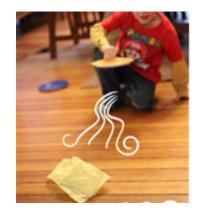
A WINDY RACE

You'll need:

- paper plates
- tissue paper
- a "goal"
 (a clothes basket, table, anything that gives something to aim for)

The object is to move the tissue paper with wind. Wind is created by fanning the paper plate.

HINT: If your child is having a bit of trouble getting the tissue paper to move, try moving back from the tissue paper. The plate needs to be behind the tissue paper, not above it.



WHO CAN MAKE THE MOST WIND?

FLYING KITES

What could be more fun than getting outside to make a colorful kite dance in the breeze?

Kids love the challenge and the thrill of getting the kite up and into the air. Once they figure out how to get it flying they can begin to master the challenge of keeping the kite in the air, and maybe even learn a trick or two.

Kids can learn a lot from designing, building, and decorating their own kites.

Days with consistent light to medium winds are good kite flying days.

Look for a space that has a large open area without trees. Beaches, parks, fields, and other wide open spaces are perfect for kite flying. The more room you have, the more fun you will have kite flying with kids.





RESOURCES



Wonderful ways to enjoy the wind



Catch the Wind

Whoosh! This great craft will teach your child the power of a summer breeze.

click here

Making Wind Flags click here

How to Catch the Wind - STEM Explanations click here

25 Easy Breezy Wind Chime Crafts for Kids click here

Wind Facts For Kids click here



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StrongStart Outreach, in collaboration with the ORCA Bus project, is offering StrongStart GO- an outdoor program (see schedule here).

DETAILS OF THE PLAN INCLUDE:

-- The program will take place outside the bus. Participants should come prepared for any weather. The program will be offered in parks around the community. The StrongStart team has created suggestions on how to prepare for an outdoor program: <u>click here</u>

-- REGISTRATION:

- All participating children must be registered with the school district before they can attend.
- Completed registration forms are emailed to strongstart@sd47.bc.ca. ALL
 REGISTRATION FORMS MUST BE SENT WITH THE CHILD'S BIRTH CERTIFICATE.
 (other acceptable ID include: Certificate of Citizenship, Documents issued by
 Immigration Canada, Canadian Passport/Visa, Permanent Resident Card, Aboriginal
 Status Card).
- A fillable registration form can be accessed here: <u>StrongStart Registration Form</u>. Registration forms are also available at the School Board Office (4351 Ontario Avenue).

-- SIGN UP FOR PROGRAM:

• Families will express interest in attending by leaving a message at 604-414-2635. After leaving a message, only families who receive phone confirmation of registration with the school district will be able to attend.

-- ATTENDANCE:

- Electronic attendance will be collected using either our iPad or personal devices by scanning a QR code.
- As part of attendance families will be asked to review the Know the COVID-19
 Symptoms Daily Health Check document and verified that we have not answered yes to any of the questions each time then attend the program. The document can be found here: Daily Health Check

Participants are required to agree to the contents of the **StrongStart Safety Policies and Procedures** before attending their first session. This can be found here: <u>SS Safety Policies and Procedures</u>.

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What is so great about the **GREAT** OUTDOORS?



This time of the year can feel a bit long...and we are all looking forward to Spring. Have you noticed that the sun is rising a little bit earlier and setting a bit later?

On February 1st we enjoyed 9 hours 26 minutes and 32 seconds of daylight, and by February 28th we will see 10 hours 58 minutes and 34 seconds.

That is an average gain of 3 minutes and 21 seconds per day!

Check out this countdown to the **Spring Equinox**, Saturday, March 20: click here

DID YOU KNOW?

According to "Discover the Forest", (a website for tweens- kids 10 to 14), developed through a partnership between the U.S. Forest Service and the Ad Council, "The average American child can recognize 1,000 corporate logos, but can't identify 10 plants or animals native to his or her own region".

Challenge your knowledge of nature! **Skunk Cabbage** is one of the earliest blooming flowers on the B.C. coast. The next time that you are outside, see if you can find some of the yellow flowers of Skunk Cabbage poking through the soil.





ARE YOU INTERESTED IN INCREASING YOUR UNDERSTANDING OF CHILDREN'S "RISKY" OUTDOOR PLAY?

Mariana Brussoni (UBC expert on outdoor play and injury prevention) and her team have been working on understanding children's outdoor risky play and have created an information page about this. Have a look: click here

The webpage was developed in partnership with BC Children's Hospital, UBC and the BC Injury Prevention Unit.