



## Publication #17

FROM KATE, PAULA,  
DANIELLE AND RITA

This week's theme is:

## ARCTIC

The ARCTIC is a fascinating place. While we are in our coolest season we thought we would take the opportunity to explore the magic of the ARCTIC.

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### **NOTICE:**

This week is **FAMILY LITERACY WEEK.**

Check out the link below for literacy resources and information from the Powell River Public Library and VCH Speech and Language: [CLICK HERE](#)

# SD47 EARLY LEARNING INFORMATION

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## VIRTUAL STRONGSTART

### SD47 STRONGSTART WEEKLY PUBLICATIONS

The Early Learning team is excited to share weekly publications featuring fun ways to share time with children. These publications are emailed to registered families as well as posted on the Virtual StrongStart (StrongStart DO) webpage.

### SD47 STRONGSTART ON INSTAGRAM

School District 47's Instagram site is: [sd47strongstart](https://www.instagram.com/sd47strongstart).

Daily posts follow this schedule:

- Monday- Colours of the Week
- Tuesday- StrongStart Smile Search
- Wednesday- I-Spy
- Thursday- Around Powell River (People and Places)
- Friday- Good Citizen of the House

The StrongStart Smile Search location changes each Tuesday. Families can visit the location and have fun finding the smile. We would love to post a picture of you and your family beside the StrongStart smile (you can send your picture to us). We would love you to write a comment below any activity or idea you are inspired by. If you have picture you would like to share on our Instagram site, send it to [rita.john@sd47.bc.ca](mailto:rita.john@sd47.bc.ca).

## EDIBLE IGLOOS

### Ingredients:

- Small Apple
- Miniature marshmallows
- Peanut butter or honey



### Instructions:

1. To make our igloo shape, cut an apple in half and core it. Place it flat side down on a plate. There's even a hole for the igloo's entrance.
2. Smear the igloo with your choice of peanut butter or honey. Cover the entire surface of the apple.
3. Press the marshmallows around the apple to make the igloo design and enjoy!



## A PRETTY POLAR BEAR

### Ingredients:

- 1 rice cake
- Cream cheese
- 2 chocolate chips
- 2 mini crackers
- Nutella
- Jam

### Instructions:

1. Using your knife, spread a thin layer of cream cheese on your rice cake.
2. Place 2 chocolate chips on the rice cake for the eyes.
3. Take your 2 mini crackers and stick them on your rice cake for the ears.
4. Make a nose for your polar bear using the Nutella.
5. Make 2 little sweet cheeks with your jam.



YUMMY! ENJOY!



## PINE CONE SNOWY OWL

### Supplies:

- Cotton Balls
- Pine Cones
- Black or Brown Marker
- White, Black and Yellow Felt (or paper)
- Googly Eyes

### Instructions:

1. Pull cotton balls apart into small pieces and then stuff them into the pinecone. Poking the cotton in between the scales of the pine cone.
2. Once your pine cone is snowy, make the eyes, beak, and wings.
  - a. Cut out wings from white felt or from paper. Use a black or brown marker to draw some patterns on the wings.
  - b. Cut out a beak from black felt, or paper.
  - c. Cut two circles from yellow felt or paper. You'll want the yellow circles to be slightly larger than your googly eyes. Glue the googly eyes to the yellow circles.
  - d. Make sure to glue onto the actual pine cone to make the pieces stick.



Real snowy owls have black markings as juveniles, which they lose as they age. Adult males are almost completely white, while adult females have small amounts of black barring.

## PAPER PLATE WALRUS

### Supplies:

- Paper Plates
- Brown Paint (paint brush)
- Brown and Cream Coloured Paper
- Popsicle Sticks
- Yarn or Chenille Sticks
- Googly Eyes

### Instructions:

1. Paint paper plate brown
2. Cut out two circles of brown paper and a black nose shape.
3. You can cut tusks out of paper as well or you can use Popsicle sticks for tusks.
4. For whiskers glue on some pieces of yarn or pieces of chenille sticks.
5. Add on some googly eyes and you have a cute walrus!



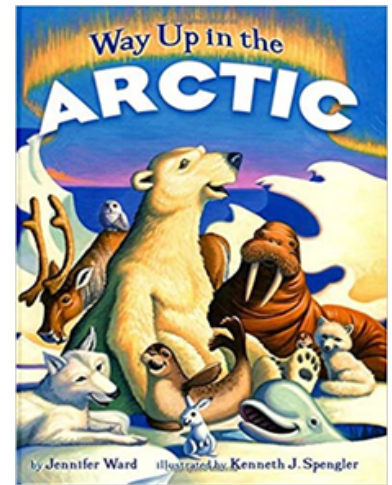


# BOOKS

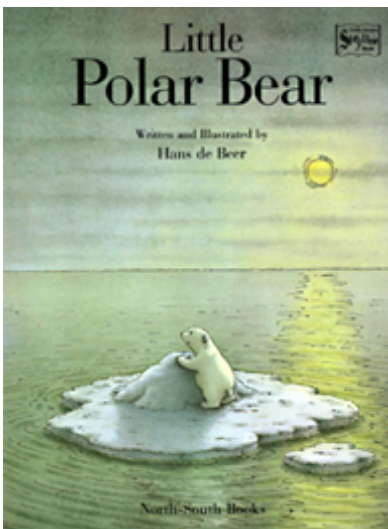
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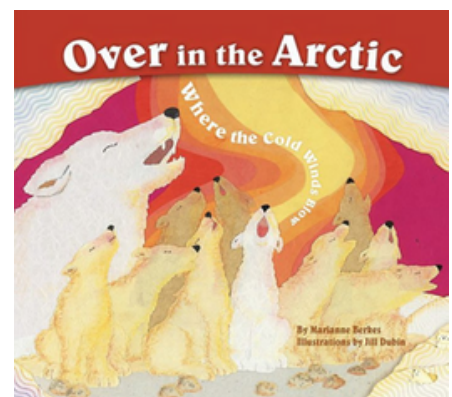
HEAR STORY  
[CLICK HERE](#)



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## POLAR BEAR, POLAR BEAR

Polar bear polar bear dance around  
Polar bear polar bear touch the ground  
Polar bear polar bear shake your head  
Polar bear polar bear tongue so red  
Polar bear polar bear stomp your feet  
Polar bear polar bear coming down the street

## WINTER SONG

(Sung To: "Are you Sleeping")

It is snowing, it is snowing  
On my feet, on my feet  
I need boots on, I need boots on  
On my feet, on my feet

Repeat with:

- legs/snowpants
- body/ jacket
- head/hat
- hands/ gloves



## 10 LITTLE PENGUINS

1 little,  
2 little,  
3 little Penguins,  
4 little,  
5 little,  
6 little Penguins,  
7 little,  
8 little,  
9 little Penguins,  
10 little Penguin Chicks

## SNOWMAN

There once was a snowman, a snowman, a snowman,  
There once was a snowman,  
tall, tall, tall.

Then in the sun it melted, it melted, it melted,  
Then in the sun it melted,  
small, small, small.



## PENGUIN WADDLE

- Blow up a balloon and try to walk with it between your legs.
- Talk about how penguin daddies keep their eggs warm on their feet and have to shuffle around to move anywhere while the mommy is out getting food.

Now it is your turn to be Emperor Penguin parents!



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## SNOWY MOUNTAIN



### Materials Needed:

- Couch cushions or pillows
- Large white sheet
- Foam or paper snowflakes
- Dice

### Activity Prep:

- Make a big pile of cushions in the middle of the floor.
- Add a white sheet over top.
- Spread the snowflakes all over the floor about 5-10 feet away from the mountain.

### Activity Details:

- Instruct your child to roll the dice and count up the dots.  
(To work on larger numbers, use a pair of dice. To work on smaller numbers, use one die.)
- Once they have the number, they will run and climb over the "snowy mountain" to get to the snowflakes on the other side.
- They will collect the number of snowflakes that corresponds to the number shown on the dice. Then they will run them back over the mountain and place them on the other side.
- Continue this process until all the snowflakes are collected.



The Girl Who Went to the North Pole  
Fascinating Facts about the Arctic  
[click here](#)



Polar Habitat  
[click here](#)

15 of the Best Preschool  
Arctic Animal Activities  
[click here](#)

Eight Arctic-themed Preschool Activities  
[click here](#)



# StrongStart GO

## StrongStart in the Great Outdoors

In-person StrongStart program in Powell River Parks

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StrongStart Outreach, in collaboration with the ORCA Bus project, is offering StrongStart GO- an outdoor program ([see schedule here](#)).

### DETAILS OF THE PLAN INCLUDE:

-- The program will take place outside the bus. Participants should come prepared for any weather. The program will be offered in parks around the community. The StrongStart team has created suggestions on how to prepare for an outdoor program: [click here](#)

### -- REGISTRATION:

- All participating children must be registered with the school district before they can attend.
- Completed registration forms are emailed to [strongstart@sd47.bc.ca](mailto:strongstart@sd47.bc.ca). **ALL REGISTRATION FORMS MUST BE SENT WITH THE CHILD'S BIRTH CERTIFICATE.** (other acceptable ID include: Certificate of Citizenship, Documents issued by Immigration Canada, Canadian Passport/Visa, Permanent Resident Card, Aboriginal Status Card).
- A fillable registration form can be accessed here: [StrongStart Registration Form](#). Registration forms are also available at the School Board Office (4351 Ontario Avenue).

### -- SIGN UP FOR PROGRAM:

- **Families will express interest in attending by leaving a message at 604-414-2635.** After leaving a message, only families who receive phone confirmation of registration with the school district will be able to attend.

### -- ATTENDANCE:

- Electronic attendance will be collected using either our iPad or personal devices by scanning a QR code.
- As part of attendance families will be asked to review the **Know the COVID-19 Symptoms Daily Health Check** document and verified that we have not answered yes to any of the questions each time then attend the program. The document can be found here: [Daily Health Check](#)

Participants are required to agree to the contents of the **StrongStart Safety Policies and Procedures** before attending their first session. This can be found here: [SS Safety Policies and Procedures](#).

## What is so great about the GREAT OUTDOORS?

### Loose Parts?

Loose parts are important to children's play because they encourage imagination, creativity, and play in children in ways that traditional toys do not.

Do you want to know more about loose parts play?

For more information: [click here](#)



### DID YOU KNOW?

According to "[Discover the Forest](#)", (a website for tweens- kids 10 to 14), developed through a partnership between the U.S. Forest Service and the Ad Council, "The average American child can recognize 1,000 corporate logos, but can't identify 10 plants or animals native to his or her own region".

We found these beautiful Red-banded Polypores (*Fomitopsis pinicola*) at our StrongStart GO Timberlane location (polypores are also called bracket fungi)

Challenge your knowledge of nature!  
Look for "bracket fungi" the next time you are out exploring.

For more information about "Bracket Fungi"  
go to : [CLICK HERE](#)



### ARE YOU INTERESTED IN INCREASING YOUR UNDERSTANDING OF CHILDREN'S "RISKY" OUTDOOR PLAY?

Mariana Brussoni (UBC expert on outdoor play and injury prevention) and her team have been working on understanding children's outdoor risky play and have created an information page about this. Have a look: [click here](#)

The webpage was developed in partnership with BC Children's Hospital, UBC and the BC Injury Prevention Unit.