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Publication #28

FROM KATE, PAULA,
DANIELLE AND RITA

This is our fourth
publication focusing on
the five senses.

This week's theme is:
TASTE

To contact SD47 Early Learning:
send email to
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EARLY LEARNING INFORMATION

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VIRTUAL STRONGSTART

SD47 STRONGSTART WEEKLY PUBLICATIONS

The Early Learning team is excited to share weekly publications featuring fun ways to share time with children. These publications are emailed to registered families as well as posted on the Virtual StrongStart (StrongStart DO) webpage.

SD47 STRONGSTART ON INSTAGRAM

School District 47's Instagram site is: [sd47strongstart](https://www.instagram.com/sd47strongstart).

Daily posts follow this schedule:

- Monday- The Five Senses
- Tuesday- StrongStart Smile Search
- Wednesday- I-Spy
- Thursday- Around Powell River (People and Places)
- Friday- Good Citizen of the House

The StrongStart Smile Search location changes each Tuesday. Families can visit the location and have fun finding the smile. We would love to post a picture of you and your family beside the StrongStart smile (you can send your picture to us).

We would love you to write a comment below any activity or idea you are inspired by. If you have picture you would like to share on our Instagram site, send it to rita.john@sd47.bc.ca.

RECIPES

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BANANA BERRY FRO-WHIP

Ingredients:

- 2 ripe bananas (peeled, cut crosswise into thirds and frozen)
- 1 cup frozen Tropical Gold pineapple chunks
- 1½ cups frozen mixed berries
- 3 tablespoons powdered sugar
- 1¼ cups cold milk

Instructions

1. Add frozen bananas, pineapple chunks, mixed berry blend, and powdered sugar to blender. Puree the fruit in the blender.
2. Add milk and blend until smooth.
3. Divide into 4 bowls and enjoy!



JELLO PLAY

Supplies:

- 1 box of jello or gelatin
- Small toys
- Small plastic bin



OPTIONAL:

If you would like to make this sugar free, use gelatin and then add food colouring.

Instructions:

1. Add some small toys to a small plastic tub. You may need small flatter toys so that you can cover them with the jello.
2. Mix up the jello according to the package instructions.
3. Pour the jello mixture into the tub.
4. Put the bin in the refrigerator. You may need to come back after about 15 minutes or so (when the jello is just starting to firm a little) and push the toys down.
5. Let the bin sit in the fridge for at least 4 hours, or however long your package calls for.



EDIBLE FINGER PAINTS

Ingredients:

Yogurt (plain Greek yogurt is nice and thick)

Food colouring

Mix up and enjoy!



Remember this could be messy so pick your spot!



PAINTED TOAST

ingredients:

- Bread
- Milk
- Food dye

Supplies:

- Super clean (or new) paintbrushes
- Small dishes
- Toaster or broiler



Directions:

1. In the dishes mix small amounts of the milk and food dye to get some fun colors. Then invite the kids to come and paint their bread!
2. After the bread is painted you can toast it in the toaster. YUMMY!



BOOKS

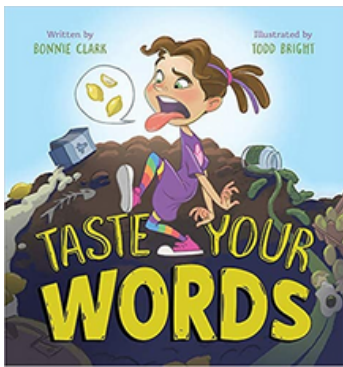


HEAR STORY
[CLICK HERE](#)

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HEAR STORY
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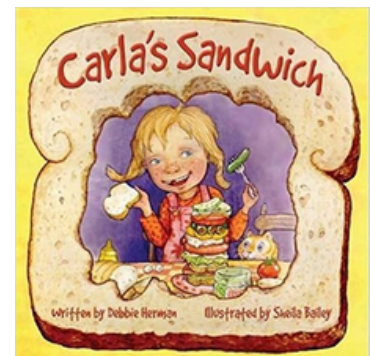
HEAR STORY
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HEAR STORY
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HEAR STORY
[CLICK HERE](#)

WE USE OUR TONGUES

Tune: Mary Had a Little Lamb

We use our tongues to taste our food,
Taste our food, taste our food.
We use our tongues to taste our food.
Pretzels are salty. *
(Adapt this last line to describe other foods)

SINGING THE SENSES

Tune: B-I-N-G-O

We use five senses everyday
To help us learn and play.
See, hear, smell, touch, taste.
See, hear, smell, touch, taste.
See, hear, smell, touch, taste.
We use these everyday.

SPLENDID SENSES

Tune: The Bear Went Over the Mountain

My (mouth) is made for (tasting).
My (mouth) is made for (tasting).
My (mouth) is made for (tasting).
So I can (taste) my world.



Continue with the following:
ears...hearing, nose...smelling, eyes...seeing, hands...touching.

FIVE SENSES

This song can be used as a rhyme:

ENGLISH:

I have two ears to hear
I have two eyes to see
I have a mouth to taste
To smell there's a nose on me
With my sense of touch
I get a hug from you
And that is what my five senses do

Try replacing the ENGLISH word with the words in these three languages:

ENGLISH	SPANISH	FRENCH	CHINESE
EARS	OIDOS	OREILLES	ARH TOO-O
EYES	OJOS	YEUX	EN CHING
MOUTH	BOCA	BOUCHE	TSWAY PAH
SMELL	NARIZ	NEZ	BEE TZUH
TOUCH	TACTO	CONTACT	MO
HUG	ABRAZO	ENTREINTE	CHIN EE SHAH

This song can be
purchased from:
[CLICK HERE](#)

WATERMELON PLAY

WATERMELON HAMMERING

Supplies:

- Watermelon
- spoons or scoops
- Wooden mallet
- Golf tees

Instructions:

Cut the watermelon in half and clean it out cutting it into chunks. This way you don't waste the watermelon and you can snack while you are hammering.

WATERMELON ROLL PAINTING

Supplies:

- Watermelon
- paint
- large sheet of paper

Instructions:

Paint different colours all over the watermelon and roll over a large sheet of paper. This works best if you can tape the paper in place.



WACKY FRUIT GAME

Supplies:

- Apples, oranges, carrots, or any largish fruit or vegetable
- basket or box

Instructions:

- Place a basket in the center of your play space.
- Ask your child to carry an "apple" (or any other kind of vegetable or fruit) to the basket using different parts of their body (suggestions are to the right).
- When they get to the basket, ask them to put that apple, or fruit or vegetable in gently so they don't bruise them.

HOW TO CHANGE IT UP:

- Try it with partners! Kids would have to work together to carry the objects.
- Use different sized and different weighted vegetable or fruit.
- Change the size and height of the basket for an extra challenge.



Use these parts of your body for moving the fruits or vegetables:

- chin
- elbow
- shoulder
- knees
- on your head
- behind your back
- between two fingers





Your Tongue: The Taste-Maker!

[click here](#)

The Sense of Taste

How Does it Work? Senses For Kids

[click here](#)

Inventors of Tomorrow

Hands-On Science and Engineering Education for kids age 3 – 6

[click here](#)

At-Home Science Experiments: Tongue Map

[click here](#)

Senses Experiment: Tasting - With Your Nose?

[click here](#)

WEBSITES:



kids@thescishow.com

SCHOLASTIC

PARENTS

StrongStart GO

StrongStart in the Great Outdoors

In-person StrongStart program in Powell River Parks

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StrongStart Outreach, in collaboration with the ORCA Bus project, is offering StrongStart GO- an outdoor program ([see schedule here](#)).

DETAILS OF THE PLAN INCLUDE:

-- The program will take place outside the bus. Participants should come prepared for any weather. The program will be offered in parks around the community. The StrongStart team has created suggestions on how to prepare for an outdoor program: [click here](#)

-- REGISTRATION:

- All participating children must be registered with the school district before they can attend.
- Completed registration forms are emailed to strongstart@sd47.bc.ca. **ALL REGISTRATION FORMS MUST BE SENT WITH THE CHILD'S BIRTH CERTIFICATE.** (other acceptable ID include: Certificate of Citizenship, Documents issued by Immigration Canada, Canadian Passport/Visa, Permanent Resident Card, Aboriginal Status Card).
- A fillable registration form can be accessed here: [StrongStart Registration Form](#). Registration forms are also available at the School Board Office (4351 Ontario Avenue).

-- SIGN UP FOR PROGRAM:

- **Families will express interest in attending by leaving a message at 604-414-2635.** After leaving a message, families who receive phone confirmation of registration with the school district will be able to attend.

-- ATTENDANCE:

- Electronic attendance will be collected using either our iPad or personal devices by scanning a QR code.
- As part of attendance families will be asked to review the **Know the COVID-19 Symptoms Daily Health Check** document and verified that we have not answered yes to any of the questions each time they attend the program. The document can be found here: [Daily Health Check](#)

Participants are required to agree to the contents of the **StrongStart Safety Policies and Procedures** before attending their first session. This can be found here: [SS Safety Policies and Procedures](#).

ARE YOU INTERESTED IN INCREASING YOUR UNDERSTANDING OF CHILDREN'S "RISKY" OUTDOOR PLAY?

Mariana Brussoni (UBC expert on outdoor play and injury prevention) and her team have been working on understanding children's outdoor risky play and have created an information page about this. Have a look: [click here](#)

The webpage was developed in partnership with BC Children's Hospital, UBC and the BC Injury Prevention Unit.

What is so great about the GREAT OUTDOORS?

FOCUS ON RISKY PLAY IN ADVERTISING:



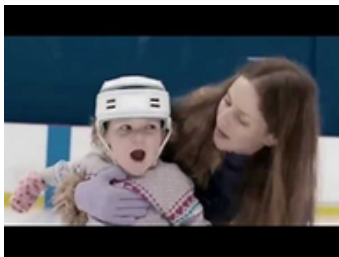
P&G Thank You, Mom | Pick Them Back Up | Sochi 2014 Olym...
ProcterGamble 613 videos 13,399,593

P&G 'Thank You Mom' Campaign Ad: "#BecauseOfMom" (Sochi 2014 Olympic Games)
This 2014 version of P&G's "Thank you Mom" campaign features supportive mothers helping their children learn to walk, skate, and ski on their way to becoming successful Olympic athletes. Script: "For teaching us that falling only makes us stronger. Thank you, Mom."

Get your kleenex out for this one...

Procter and Gamble
"Thank-you Mom"
Campaign Add

VIDEO LINK:
[CLICK HERE](#)



CORPORATE ADD CAMPAIGN EMBRACES RISK-TAKING BY CHILDREN

While valid, these remarks miss the significance of the campaign. At its heart is a powerful message about beneficial risk: a message that will resonate with anyone who is calling for a common-sense approach to health and safety in schools, for instance, or for a balanced approach to managing risks in playgrounds. What this campaign shows us is that we really are moving well away from what I have called the "zero-risk" childhood. (excerpt from article).

Sometimes it is helpful to reframe our understanding of, and attitude toward, risky play. Here is an inspiring article linked to the P&G video:
[CLICK HERE](#)

DID YOU KNOW?

According to "[Discover the Forest](#)", (a website for tweens- kids 10 to 14), developed through a partnership between the U.S. Forest Service and the Ad Council, "The average American child can recognize 1,000 corporate logos, but can't identify 10 plants or animals native to his or her own region".

Have you noticed that our beautiful **Arbutus** (*Arbutus menziesii*) trees are in full, spectacular bloom right now? We looked at the spectacular red bark of this native tree back in winter. The spring gives us an opportunity to admire its flowers.

Challenge your knowledge of nature! The next time that you are outside, identify **Arbutus** (*Arbutus menziesii*).

For information:
[CLICK HERE](#)

