

Music Rehabilitation Resources for Adults with Cochlear Implants

- American Cochlear Implant Alliance offers content for adults with cochlear implants. <https://www.acialliance.org/page/CIMusic>
- *Angel Sound* is a free interactive, web-based auditory training/hearing assessment program covering a range of listening skills including music. <http://angelsound.tigerspeech.com>
- Meludia Melody is an ear training music program made for professional musicians but also appropriate for beginners. https://play.google.com/store/apps/details?id=com.Meludia.MicroMelody&hl=en_US&gl=US

- AudiologyOnline is a one-hour (free) captioned course offered in collaboration with ACI Alliance. https://www.audiologyonline.com/audiology-ceus/register_account/35602
- Advanced Bionics, a CI company, offers *Musical Atmospheres* (hierarchy to help recipients practice components of music). Free account through www.hearing-success.com
- Cochlear offers *HOPE Notes* (CD, DVD, detailed User Guide). <https://www.cochlear.com/us/communication-corner/program/adult-music.htm>
- MED EL provides recommended music to listen to on Spotify and tips for learning to appreciate music with a CI. <https://www.medel.com/en-us/support/rehab/rehabilitation-downloads>

- Use auditory training programs for music from *Angel Sound* <http://angelsound.tigerspeech.com> and from CI manufacturers.
- Listen repeatedly to music you were familiar with before.
- Use above tips in combination with practice.
- Use a piano keyboard to pitch train and identify areas of poor performance.
- If there is interest in learning a musical instrument, consider starting with instruments with discrete pitch steps

(piano, guitar) rather than instruments that require intonation by ear (violin, trombone).

MAINTAIN REALISTIC EXPECTATIONS

- Music will not sound the same.
- Music is subjective for everyone—whether or not someone has hearing loss.
- Music is part of a larger experience. Most CI recipients listen to, and enjoy, music. 