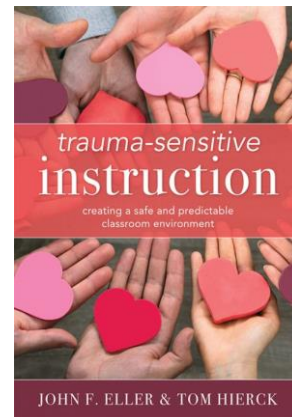
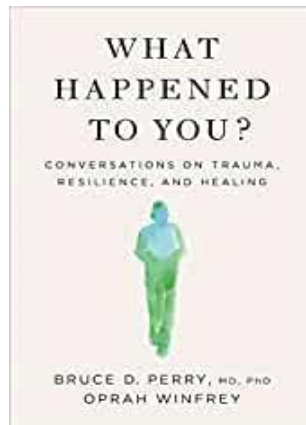
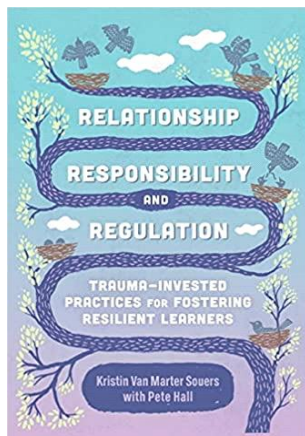
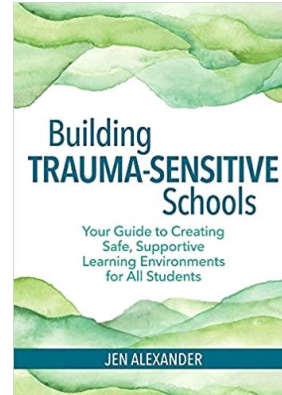
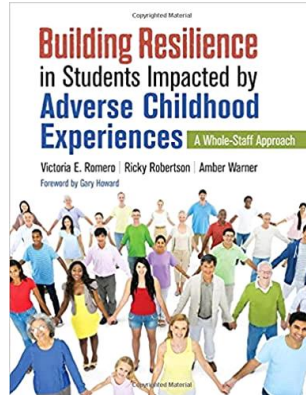
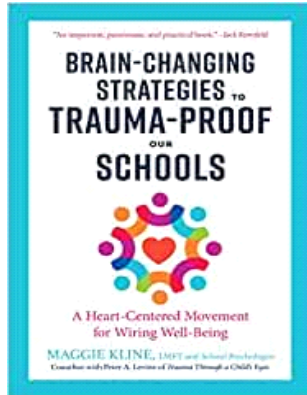


Trauma Informed Schools – Resources

Reading Suggestions:



Web Based Resources:

<https://www.anxietycanada.com/disorders/post-traumatic-stress-disorder>

Anxiety Canada is a reputable resource that has many practical articles and tools for children, youth, and adults, as well as parents and educators.

<https://www2.gov.bc.ca/gov/content/erase/mental-health>

BC Government webpage that has many helpful links to digital resources, as well as links to access many services

<https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/trauma-informed-practice-resources>

Trauma-Informed Practice (TIP) – Resources - Province of British Columbia (gov.bc.ca). Includes a Trauma Informed Practice guide as well as webinars and other resources

<https://keltymentalhealth.ca/blog/2019/03/supporting-teens-trauma-informed-approach>

Kelty Mental Health (BC Children's Hospital) offers many helpful resources, including this blog on trauma informed approach

<https://traumasensitiveschools.org/>

Trauma and Learning Policy Initiative (TLPI) - A collaboration of Massachusetts Advocates for Children and Harvard Law School. Many resources as well as information on trauma and learning.

<https://www.wellbeingbc.ca/>

Well-Being BC was created with funding provided by the BC Ministry of Education to all public school districts and independent schools in 2019, as part of a school - based mental health initiative to support three pillars of Well-being: Social Emotional Learning (SEL), Mental Health Literacy, and Trauma-Informed Approaches