

---

# A SLICE OF PIE

---

Where Life and Learning Meet

---

## NEWS & FEATURES

---

Announcements

**PAGE 2**

Resources

**PAGE 2**

PIE Showcase

**PAGE 3**

Events

**PAGE 4-8**

Interaction Day Events

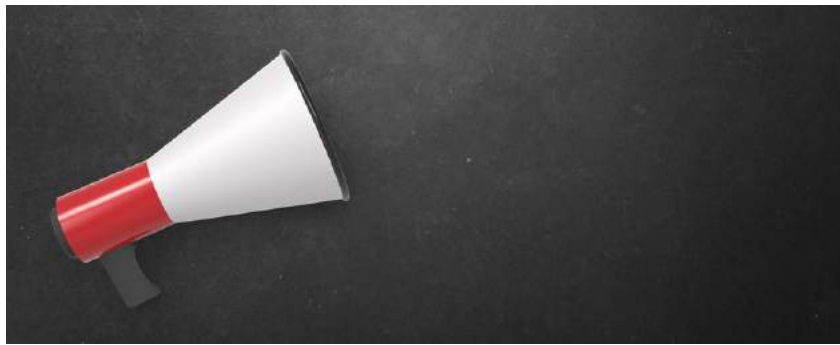
**PAGES 9-10**



## Welcome 2022!

The return of the sun has been extra-evident and welcome the last few weeks as Interaction Days for Term 2 finished up. Teachers are in the thick of report visits and writing report cards so may be a bit slower to get back to you than they usually are. Thank you for your patience at this busy time!

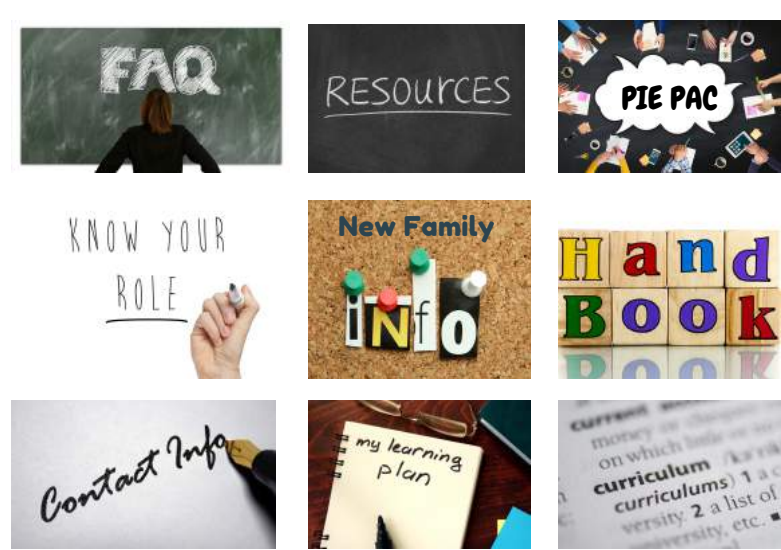
Welcome to new students/families! We are happy to have you with us and hope to meet your needs as well as possible. Please don't hesitate to reach out to us for help if you have questions or concerns.



## Announcements

- Second term report cards will be sent out by Friday, Mar. 11th.
- The last day of this term is also Friday, Mar. 11th and the first day of Term 3 will be Monday, Mar. 28th. Teachers will respond to emails and phone calls sent during the break as soon as possible, once they are back in their offices.
- We are still waiting on the outcome of our application to become a Provincial Online Learning School (POLS). We will let everyone know the results as soon as we can.

## Resources



---

"Education is the most powerful weapon which you can use to change the world."

---

Nelson Mandela



# Showcase

*One of our students (who wishes to remain anonymous) submitted this piece of writing to their teacher and agreed to let us showcase it in the newsletter.*

## Why You Should Pick up a Few Pandemic Hobbies

Don't get me wrong, I love video games, but these days they're getting repetitive. Some people binge-watch movies or shows, or they're like me and enjoy playing video games. Either way, hobbies like these can get unhealthy and toxic if done too often. That's why I recommend finding a hobby without involving a screen.

Covid was tearing apart my life. I spent most of the day on a screen, doing either school or gaming. I missed the old days where you wouldn't get anxious when you got sick, but we don't get that anymore. My days, months, even years, became repetition, habit. My life was a flurry of school, work, sleep, family and gaming. I miss the feeling of excitement for something active or new. Back then I looked forward to movie night with my parents, or a new game to come out, but it wasn't the same. My relationships were falling apart, and I spent time doing extra school when I would normally be doing an after-school activity/hobby, or hanging out with friends. It was getting depressing.

The way I've been getting through this pandemic boredom is by taking up hobbies. Personally, I love whittling, drawing, writing, and jogging. I feel like if more people just tried a new hobby, there would be less boredom and hate. I can spend hours carving a chunk of wood, and even if it turns out to not be what I wanted, I'm not angry. I feel like I've done something good and healthy with my time. The best part? You can too.

I've lost a lot over these few years, I've lost my early-mid teens, I've lost my grandpa, and I've lost my sense of community. Hate has been amplified with everyone inside, and with nothing else to do. I was like many people in the beginning of the pandemic, hateful and negative. At least I was until I realized that hate wasn't making me feel better, in fact, it was making me feel worse. So I decided to take some time for myself, doing what I love. An article I read on hobbies said this:

"There's evidence that fun diversions contribute to good health. One [study](https://lifeandhealth.org/lifestyle/how-hobbies-make-you-happier-and-healthier/1411136.html) showed that people who engage in hobbies enjoy better moods, feel more interested, and have less stress and lower heart rates—even hours after the recreation time." ([lifeandhealth.org https://lifeandhealth.org/lifestyle/how-hobbies-make-you-happier-and-healthier/1411136.html](https://lifeandhealth.org/lifestyle/how-hobbies-make-you-happier-and-healthier/1411136.html)) I took this information to heart and I realized that I was wasting my time being negative. So I picked up a few hobbies, and I feel better and more positive now. I hope that you can too.

Hate and anger won't help anyone, but positivity will. Everyone has positivity inside and getting a fun hobby is one way to let it show. So pick up a hobby, do something new. A little variation and experimentation might be fun. It's a great way to pass the time and make you feel more happy, positive and healthy. We can get through this pandemic together!

---

"Happiness can be found even in the darkest of times, if one only remembers to turn on the light."

~ Albus Dumbledore  
(Prisoner of Azkaban)

---

J.K. Rowling



This is Dominyc doing an experiment

# Winter Wonderland



---

"People don't notice whether it's winter or summer when they're happy."

---

Anton Chekhov



# Winter Activity



---

"What good is the warmth of summer, without the cold of winter to give it sweetness."

---

John Steinbeck



# Black Excellence Day

## What is Black Excellence Day?

"As a lead up to Black History Month, Black Excellence Day is a day to rejoice in Black history and learn about Black stories, Black art and Black people, and a day to stand in solidarity with Black Canadians."

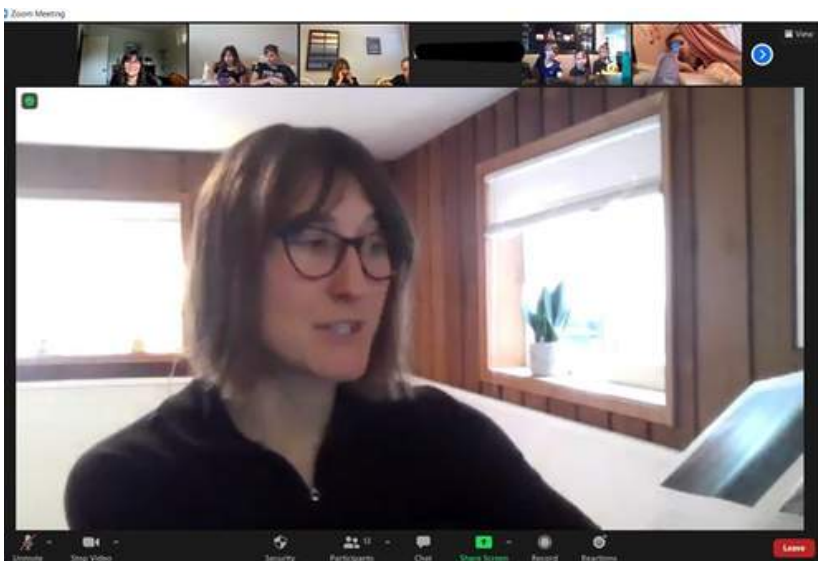
<https://blackexcellenceday.ca/>

We recognized our first Black Excellence Day on January 14th, 2022, with a collection of resources sent to our families and some Zoom sessions focused on Harriet Tubman, the importance of Spirituals and the Underground Railroad. We had some great discussions with our students!

Some of the resources we shared can be found below:

[Books for Elementary Students](#)

[Books for Teens and Adults](#)



---

"Privilege isn't about what you've gone through; it's about what you haven't had to go through. And right now, we are in a time that is calling on us to learn the stories that we don't know."

---

Janaya Khan



# Family Literacy Week

## January 23-30

For Family Literacy Week we created a Padlet of our favourite books and an infographic.

### Our Favourite Books

**Picture Book:** Ferdinand

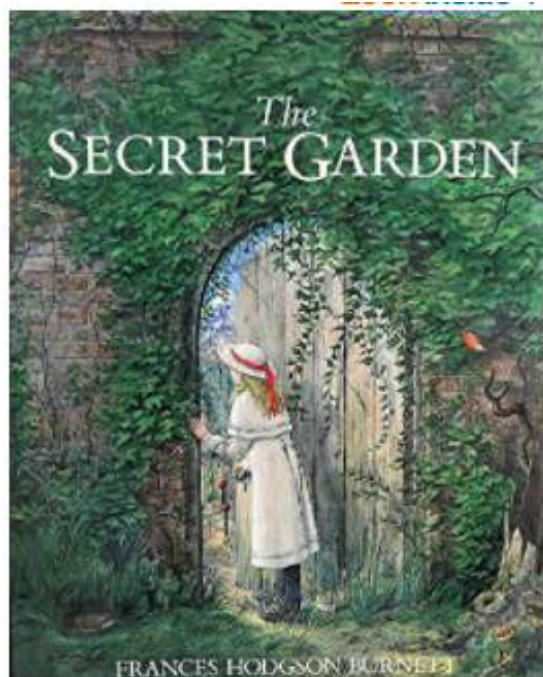
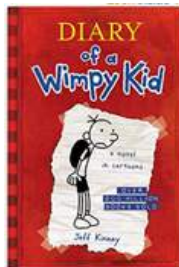
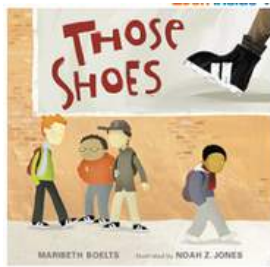
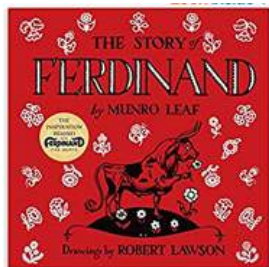
**Chapter Book:** The Lightning Thief

**Contemporary Novels:** Stargirl

**Classic Novels:** The Secret Garden

**Graphic Novels/Books:** Diary of a Wimpy Kid

**Social Justice/Equality:** Those Shoes



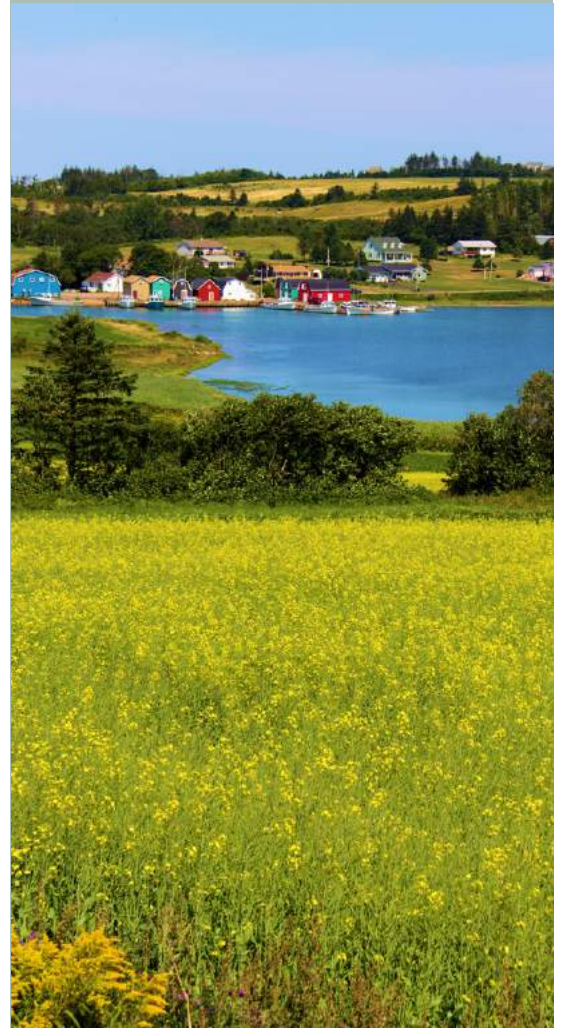
---

"It's been my experience that you can nearly always enjoy things if you make up your mind firmly that you will."

~Anne of Green Gables

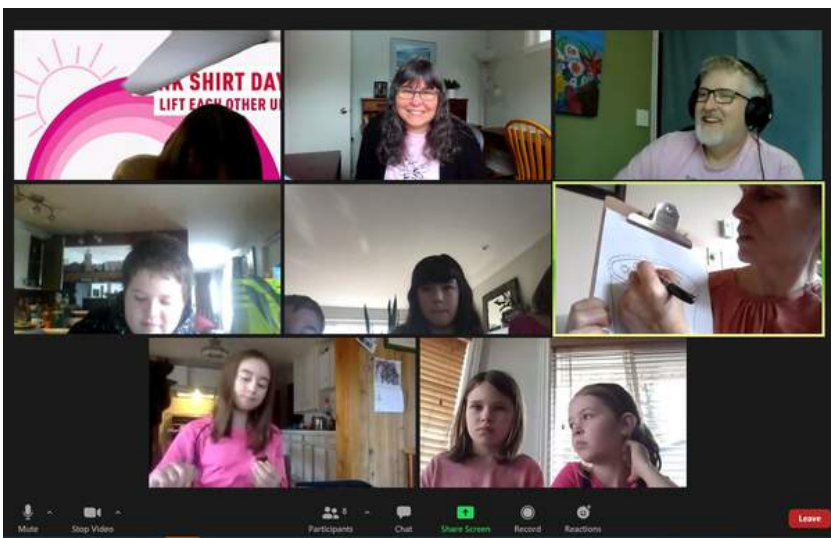
---

Lucy Maude Montgomery



# Pink Shirt Day

February 23



---

"When you hear people making hateful comments, stand up to them. Point out what a waste it is to hate, and you could open their eyes."

---

Taylor Swift





# Interaction Day Events

## Mindful Eating



## Skating



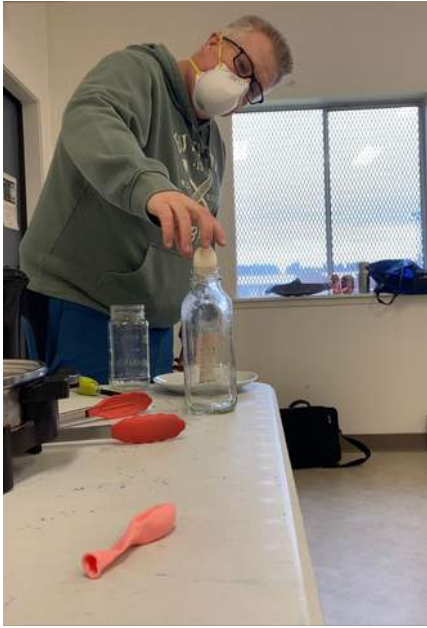
"Mindful eating means simply eating or drinking while being aware of each bite or sip."

Thích Nhất Hạnh



# Interaction Day Events

## Science Experiments



---

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less."

---

Marie Curie

